



7 Band Instructions except 7Q, 7B, 7BQ, 7FD, 7FWA

It all began in the Middle East, a land of mystery and intrigue, with Sheiks, who while riding gaily decorated camels and spirited horses, ruled the desert with golden scepters and gilded swords. This was the birthplace of the famed puzzle rings. Centuries ago these puzzle rings served as wedding bands, and were worn by women of nomadic tribes. The husband held the secrets of the rings. This guaranteed his wife's faithfulness, for the ring once removed from her fingers would fall apart.

<p>1. Place Center Band between the thumb and forefinger in your left hand with lip near top of band facing away from you.</p>	<p>2. Bring band from bottom up with your right hand and place next to center band. The outside portion of the band will be against the center band with the flat stamped side out. Switch hands.</p>	<p>3. Bring other band from bottom up with your left hand and place next to center band. This is the other outside band.</p>	<p>4. Bring two other bands with rounded shape similar to first two up on each side at an angle. Be sure that the band on the right is lying on top of the other band. If not take left band, slip over center band and start over.</p>	<p>5. There should now be two bands left hanging down. Grasp these two bands and let the remainder of the rings fall to one side.</p>	<p>6. Place band with "Jose" stamp in right hand and facing you with the other band in your left hand so that the two are parallel.</p>	<p>7. Holding band in your left hand between your thumb and forefinger, turn clockwise.</p>
<p>8. Continue turning band until you have completed a 180-degree rotation</p>	<p>9. The bands should fit together holding the remaining 5 bands in place.</p>	<p>10. Take the first band on the side facing you and rotate the band until the irregular shaped part is on the inside of the ring</p>	<p>11. When you have completed the rotation, be sure that the "V" shaped part on the inside of the ring is over the remaining loose bands.</p>	<p>12. Bring band up and it will fit next to the other bands.</p>	<p>13. Turn ring around and start rotating the band closest to you until the irregular shaped part is on the inside of the ring.</p>	<p>14. When you have completed the rotation, be sure that the "V" shaped part on the inside of the ring is over the remaining loose bands.</p>

						
<p>15. Bring band up and it will fit next to the other bands.</p>	<p>16. Take the center band and gently push it into the center of the assembled bands.</p>	<p>17. Hold ring gently when you are doing this step and the ring should look like the picture with only two bands remaining.</p>	<p>18. Take the next band on the opposite side and rotate the irregular shaped part to the inside of the ring</p>	<p>19. Be sure that the v shaped part is above the remaining loose band and bring up into place. .It may help you to hold the assembled bands loosely when you are completing this step.</p>	<p>20. Turn the ring around and take the remaining band and start rotating the irregular shaped part to the inside of the ring.</p>	<p>21. When you have finished the rotation bring the band up to the remainder of the assembled bands.</p>
						
			<p>22. Congratulations, you have completed your ring!</p>			